

# MOVING AGAINST THE CROWD IS LIBERATING.

Very few feelings are more encouraging than marching to the beat of my own drum. When I move against the crowd, I feel free. *It is empowering to know that I am acknowledged respectfully for doing things my way despite opposition.*

I am careful with my decision-making. Each choice I make is given meaningful thought. Taking this approach ensures that I remain true to myself.

It is sometimes difficult to ignore the popular opinion of the masses. Life seems so much easier when I take someone else's path, but it is far less fulfilling that way.

*Fulfillment comes by doing what I know feels right within my soul.*

It feels good to honor the morals that have taken me through life. I sleep peacefully at night when I am free from emotional turmoil. I choose to do what feels good to me, regardless of what others think.

Taking a path of honest, hard work to success is sometimes slower, but is more liberating. In that scenario, I avoid being enslaved by dishonest decisions just to get to the top.

Today, I am committed to taking steps that feel good to me. I am courageous in pursuing what I feel is right even if it is unpopular. My focus is on being true to myself at all times.

## **SELF-REFLECTION QUESTIONS:**

1. What are some of the reasons why I may choose to go with the crowd?
2. How much influence do my loved ones have in my decision-making?
3. How do I know when my decisions are less ideal than someone else's?